

The Church of
the Good Shepherd



400 Seabrook Rd.
Tequesta, FL 33469

Telephone 561-746-4674
www.goodsheponline.org

Pennies For Heaven
746-4674

School 746-5507

The Rev. Robert S. Taylor
Rector

The Rev. Scott B. Petersen
Assistant Rector

The Rev. Mimi Howard
Deacon
Parish Administrator

Michelle Pariseleti
Sunday School Director

Marcia Aydlette
Nursery Director

Julie Bird Winchester
Youth Director

Christine Vanderwesthuizen
School Principal

Timm C. Johnson
Organist and Music Director

Merike Seely
Parish Secretary
Tidings Editor

Tidings has
Gone Green!



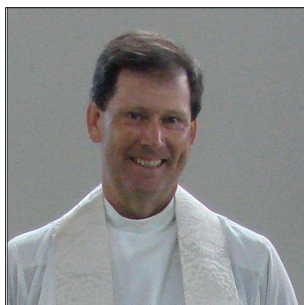
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Tidings

February 2010

Newsletter of the Church of the Good Shepherd

Tequesta, FL



Dear Friends,

When a few of us visited Haiti in 2003 we saw conditions there which remain etched in my mind to this day. Traveling with representatives of Food for the Poor, our senses were appalled by the poverty in which most people of Haiti seemed to live, yet our hearts were touched by the goodness and resourcefulness of people, both native and foreign, who dedicated themselves to the amelioration of the hardness of life there.

Now, with the devastation visited upon them by the recent earthquake and its aftershocks, life is far worse in Haiti than it was, impossible as that seems. People around the world are seeing images and hearing accounts of the conditions there which boggle the mind. We wonder how much a human society can take. While, before, most people were aware of the fact that Haiti is the poorest country in the western hemisphere and most could articulate theories as to the reasons for the poverty in which they lived, since the earthquake, we simply want to know how we can help them. One has the sense that there will be a great magnification of what has existed in Haiti in smaller measure in the past, the goodness and resourcefulness of people, both native and foreign, who dedicate themselves to the amelioration of the hardness of life in Haiti. We know it must be magnified. The Haitian people are in deep trouble and, as fellow human beings, we will reach out a helping hand to them.

The most effective way of doing this for most of us is to give money toward their recovery. While many worthy funds are available to us for this purpose, the fund to which we will initially send donations to the Church of the Good Shepherd, earmarked for Haiti Relief, will be sent to the Episcopal Charities of the Diocese of SE Florida. As we have a close relationship with the Episcopal Diocese of Haiti, monies steered to Haiti through our Episcopal Charities will get directly to people and programs who need it. The children of our 5th Grade class at Good Shepherd School are to be commended for responding immediately by sending \$500.00 to Episcopal Charities for Haiti Relief.

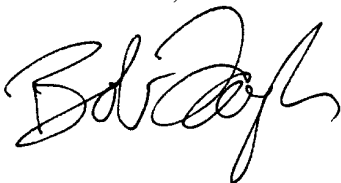
We are also collecting hygiene and medical kits. These will be taken from Good Shepherd to a West Palm Beach Fire Station and directed on from there to Haiti. Donations of food, personal hygiene items, blankets and medical supplies are being collected in a corner of our Parish Hall and taken weekly by Dr. Steve Pollard, Vestryman at Good Shepherd, to Ft. Pierce from where they will be transported to Haiti.

Peter Allen, parishioner and G.S. School parent, is an E.M.T. who works for the Village of Tequesta. He responded immediately to the catastrophe by going to Haiti for disaster relief. Our Adult Mission Team, originally scheduled to fly to Haiti on March 4, will have to postpone the mission to a later date when it is able to be carried out, and more safely carried out, than at present. Forty three solar cookers which have been donated by generous parishioners, now needed more than ever, will be taken to Haiti and placed in the hands of people there for cooking and much-needed water purification.

Continued next page

Most importantly, we pray for the people of Haiti and any who have been caught up in the situation there. We pray for the many people who have died, for the injured and for all whose lives have been turned upside down. May there be such a compassionate and generous human response that it will lead to hope and renewal for that long suffering people.

In God's love,



This beautiful child was photographed by Deacon Anita Thorstad, of St. Gregory's Church, Boca Raton, on a recent trip to Bondeau, Haiti before the earthquake of January 12.

Bible Study

Women's Cursillo
meets every Thursday at 4:00pm at Good Shepherd Episcopal School. To find out more about joining Cursillo, please call the clergy at 746-4674.

Good News Bible Study
Meets in the Library each Friday at 9:00am.

Wednesday Bible Study
Meets in the Library each Wednesday at 10:30am.

Next Guided Labyrinth Walk Thursday, February 18, from 10:00-12:00.

"We are what we love. If we love God, in whose image we were created, we discover ourselves in him and we cannot help being happy: we have already achieved something of the fullness of being for which we were destined in our creation. If we love everything else but God, we contradict the image born in our very essence, and we cannot help being unhappy, because we are living a caricature of what we are meant to be." - Thomas Merton



February is traditionally thought of as the month of love. Valentine's day can provide a welcome chance to share our hearts with the people we care about most. Could it also be a month to share our truest hearts with our Source - the purest essence of Love? Consider walking the labyrinth this month if you feel led to do so. Take the most treasured love gift of all - your heart - to the Center. Receive what is waiting there for you to receive.....delight in the fullness of your being.

Peace for your Path,
Robin Bradley Hansel
Labyrinth Facilitator

Guided walks are held every third Thursday from 10:00 to noon. Our labyrinth takes about 20 minutes to walk and a facilitator will be on hand to answer any questions.



YOUNG AT HEART

HISTORY OF THE VALENTINE

Elaine Hameister – the Apron Lady - is returning once again on **Thursday, February 18th**, to delight us with her take on the history of valentines and St. Valentine's Day. Elaine

is a very popular speaker so be sure to sign up early to ensure that you have a seat!

As always, we will have a lovely meal prepared and served by Ann Ballard, her helpers, and the Good Shepherd Good Guys. Please be sure to sign up so we will know how much food to prepare. Everyone is welcome!

YOUNG FAMILIES GROUP/BIBLE STUDY STARTING

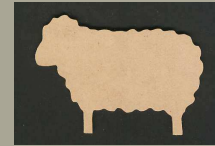


If you have pre-teen children or are considering starting a family, this group may be just right for you. Teresa and Michael Grashof will be the group leaders and meeting times, places and study materials will be determined by the group as it is formed. If you think you might be interested, please join us in the All Saints' room off the Narthex at 11:30 each Sunday in February—Children Welcome!

BUNCO HAS ARRIVED AND YOU ARE ALL INVITED TO JOIN IN

Our next Bunco get-together is on **Monday, February 22 at 7:00 pm in the School library**...Please come and join us, even if you have not been before. We still have room for more in this delightfully fun group. You do not need to know how to play – it is just a relaxing time at the end of the day!

The Good Shepherd



Pub Lunch

Thursday, February 4

10:00 – 1:00

Seniors' event every first Thursday of the month featuring pub-style lunch plus games, activities and fun things to do.

Call the church office 746-4674 or sign up any Sunday in the narthex!

Good Shepherd Good Guys

**Fridays at 8:00 AM in
the Parish Hall**

**All Good Shepherd Men Are
Welcome!**



Wine Tasting Event to Benefit Haiti Relief

Please join us on **Thursday, February 25** for a wine tasting from 5:30 p.m. to 7:30 p.m. in the Parish Hall. Proceeds will benefit the relief efforts in Haiti after the devastating earthquake of January 12. The Adult Mission Trip is postponed for the time being.

Bob Milne Thrills with Peppy Piano Rags

Celebrated concert pianist **Bob Milne** brought his ragtime act to Good Shepherd on Friday, January 8th. His entertaining mix of story and song brought to life the distinctly American musical genre known as ragtime or “ragged time”, which occurs when melodic accents occur between metrical beats. The effect is an accentuation of the beat that compels the listener to move to the music. And that is just what happened—with toes tapping and heads bobbing, the Good Shepherd crowd seemed to have a really great time. Another ragtime pianist was present in the audience that evening. Half-way through the concert, **Mr. Bob Seeley** joined Mr. Milne at the piano for some spirited playing.

At the turn of the century, Scott Joplin brought ragtime to its height of popularity. Today, Mr. Milne is doing his part to keep this American treasure alive for future generations to enjoy. Twelve year-old piano student, **Alex Seely** [no relation to Bob Seeley] sat in the front row at the concert. His review of the performance was that Mr. Milne was “...flat-out extraordinary! His hands were going crazy up and down the keyboard. He played all different styles, from slow marches to fast and crazy. I really liked the piano stunts with Bob Seeley, too. I enjoyed every second of it!”

Many thanks to our Special Events Committee for bringing Bob Milne to Good Shepherd. Through the efforts of **Peter Berg, Bob Olson, Evelyne and Wally Bates, Jo Wood, Sandy Gozzo, Howard and Jean Smith and Mimi Howard** we had a great musical experience.



Bob Milne entertains Good Shepherd with his special mix of history and music as Alex Seely looks on.



Bob Milne and Bob Seeley ‘wow’ the audience with spirited ragtime tunes.



A large crowd turned out on a chilly January evening to hear the concert.

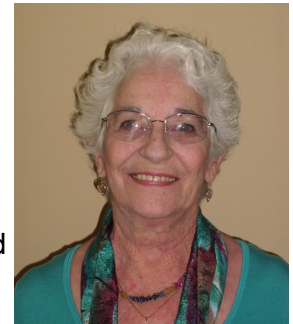
Good Shepherd Special Events Committee brings fine cultural and educational events to Good Shepherd and the surrounding community each year. If you would like to become involved with this great group of people who bring fellowship and fun to Good Shepherd, please call Committee Chairman Peter Berg at 575-4418 or Deacon Mimi Howard at 746-4674. Please join us!

New Vestry Members for Vestry Term 2010-2013

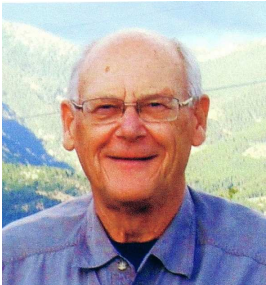


Steve Parson has resided in Jupiter with his wife, Denise, and his two children, Kristen and Katie, since 1989. As a member of Good Shepherd for the past 18 years, he has been actively involved with the Church and its programs and has served as Senior Warden on the Vestry for several years during the planning stages of the Church's reconstruction. Steve is a commercial real estate lawyer and is the managing partner of the West Palm Beach office of Ruden McClosky. Over the years, he has advised the Church and the Church School on various legal matters.

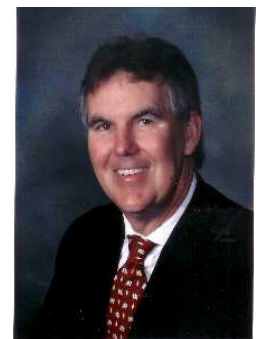
Born and raised in the Worcester/Shrewsbury area of Massachusetts, **Mary-Beth Lucas** came to Jupiter in 1993 with her husband, when he retired. She worked in the home health field until 2006. Mary-Beth has two daughters, Cheryl and Dale, and three grandchildren. Her three brothers still live in Massachusetts and her sister lives on the west coast of Florida. Mary-Beth is very active in our "Caring" ministries at Good Shepherd. Since 1993 she has been on the Healing Team and is now its committee chairperson. She was trained as a Lay Eucharistic Minister in 2000 and then joined the Jupiter Medical Center as a Pastoral Care Volunteer. Subsequently, she became a Lay Eucharistic Visitor so she could bring Communion to parishioners who are in the hospital.



Paul Kirby was born in Buffalo, New York and served in the U.S. Air Force during the Korean War. He worked for IBM from 1956 until retirement in 1991 as an engineer and manager, primarily in systems Design and Development. He has a daughter, three grandchildren in Maryland and a son who resides in California. In 1998 Paul was widowed. He married Susan Endler in 2007. He has been a member of the Episcopal Church since 1959 and the Church of the Good Shepherd since 2006. Paul demonstrates a real dedication to this parish through his involvement in various ministries and groups including the Good Guys, Ushers, Greeters, Jitters, Pennies for Heaven, Newcomer Committee, volunteering for fund raisers and events, and participating as an Adult Mission Team member to Honduras, and next, to Haiti.



Ruskin Brown has been an active member of Good Shepherd since 1997 when he began attending services with his wife, Julie, and two daughters, Jeanette and Wellsley, now ages 15 and 14, respectively. Ruskin is a urologist and a partner with Urologic Physicians and Surgeons. He has been in practice in northern Palm Beach County for over 30 years and is a native of West Palm Beach, Florida. He is currently part of Good Shepherd's Greeter Team and has been an enthusiastic supporter of Sunday School and Youth Group for years.



DID YOU KNOW?...Vestry is the legal governing and decision-making body of the parish and consists of the rector and laypersons. Vestry members are elected by the congregation at the annual parish meeting to serve three-year terms. Current Vestry members are listed in the Sunday bulletin and website. Their names and phone numbers may be obtained from the parish office.



**A Blessed Happy New Year to you from
Your Pennies For Heaven Thrift Shop!**

We are looking forward to an exciting and profitable new year. On Sunday, February 21st between the 8:00am and 10:00am services, please accept our invitation to come to the shop. Meet our volunteers and see our wonderful inventory.

Thank you to all who donate your "goodies" to the shop. We have donation receipts for your taxes. We accept all sorts of items: clean and gently used household items, women's and men's clothes and shoes, jewelry, accessories, vases, photo albums, paintings, picture frames, magazines, books, small furniture, etc.

Please com in and say, "Hi", browse, buy or donate. And be sure to tell all your friends we're here. We appreciate your business and we wish you all the best year ever.

God bless you all,
The Board of Volunteers of
Pennies for Heaven Thrift Shop

Donations are welcome whenever the Shop is open.

***Join us on Sunday, February 21 for the
Pennies for Heaven Open House!***

Financial Report

Our preliminary financial status through **December 31, 2009** is as follows:

	Month to Date	Year to Date	Budget to Date
Revenues	\$ 72,122.70	\$ 757,282.95	\$ 782,534
Expenses	\$ 60,746.95	\$ 778,061.51	\$ 782,534
Net Total:	\$ 11,375.75	<\$ 20,778.56>	\$ 0

Please remember to keep your pledges current if at all possible. And also remember that you can pay your pledge or any other expenses or gifts with VISA or MasterCard. Just call Mimi Howard at 561-746-4674 if you would like to explore that option.

Important Request

Important Request. If you make a stock gift to the church for memorial gifts, for endowment, or for your pledge, please let the clergy know about it. We are unable to identify the source of such gifts unless you have told us. We want to properly recognize and allocate your gift.

VESTRY HIGHLIGHTS

The Vestry met on Wednesday, January 20, in the library of the Ryon Building at 7:30 pm, as follows:

OPENED: with prayer and centering prayer and approval of minutes of previous meeting and agenda. Treasurer Mike Greene presented the preliminary financials for end-of-year, December 31, 2009. Vestry approved the financials as they stand knowing they will receive a final year-end copy at the next meeting. Bob Taylor presented the school's financial report for November 30, 2009.

HEARD REPORTS: Bob Taylor again reviewed the Mission and Ministry Development Fund (MMFD) that had been set up some years ago. The Vestry agreed that it is probably time to activate this fund..

Junior Warden John Prosser discussed work needed for the porch of the Ryon Building, which has developed wood rot. He will have a contractor evaluate the problem for us. Senior Warden Dave Downing reported on the work of the Nominations Task Force, including the four nominees.

Bob Taylor reminded everyone of the Annual Meeting, Artie's Party, and "Fill the Church" Sunday on February 14.

Scott Petersen gave an overview of the new member ministry and what it has accomplished over the last several years.

Mark Chittum reported that we are still \$52,220 shy of our goal for 2010. The Stewardship Committee will meet to discuss Faith Challenge options.

DECIDED: Treasurer Mike Greene presented a report from the Finance Committee regarding the 2010 budget. Finance Committee recommended to the Vestry that the Budget be approved as is, contingent upon a Faith Challenge being met by the end of March 2010. This will be presented at the Annual Meeting and on the following Sunday at church.

Issues at the school were presented to the Vestry for discussion and clarification.

Parish Goals development was discussed.

MDGs: The environmental display is still in progress.

Increase Communication: Erik Pariseleti reported that the website continues to be developed.

Spiritual Covenant: Bob Taylor and Marcia Pollard will have a meeting with those participating in the Covenant.

Small Groups: Mimi Howard noted that Bunco is going very well and that others are invited to join if they wish – and a new Bible Study/Small Group for young families is being introduced this month. It was noted that a suggestion for an evening bible study had been made.

Property Needs: John Prosser discussed these needs in connection with the Carroll Bequest, noting several needs that are immediate and dire.

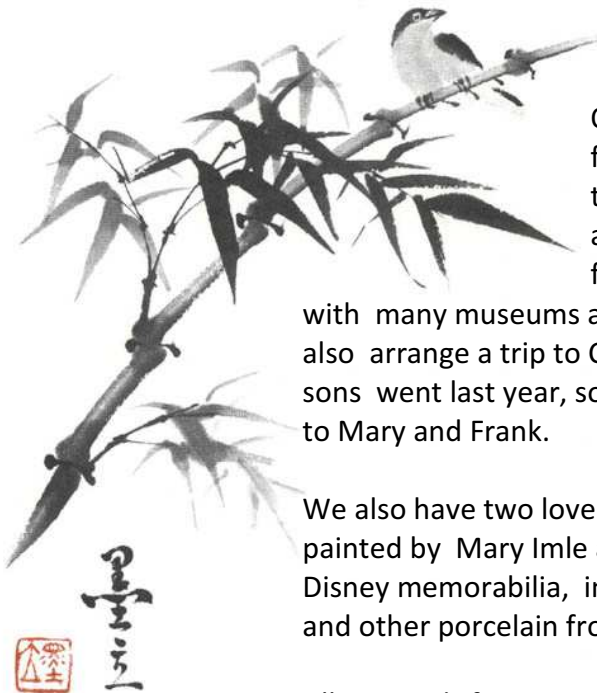
Developing Planning Process: Bob Taylor noted that the next meeting for the charette process is scheduled for February 11.

Vestry endorsed our seminarian, Spencer Reece, as a Candidate for Holy Orders.

CLOSED: with our Parish Prayer.

ARTIE'S PARTY AN EVENING IN THE ORIENT

Please join us on Friday, February 12 for our annual Artie's Party. This year Artie will be in the Orient and our evening will feature eastern cuisine and entertainment.



Our Silent Auction looks like it will be the best ever! We are very fortunate because Joan and Alberto Figari are once again giving us their beautiful penthouse in Lima, on the Pacific Coast, as an auction item. The house has room for two or three couples or a family with older children. Lima itself is a beautiful, historic city with many museums and architecture of interest, plus excellent shopping! And you may also arrange a trip to Cuzco and Machu Picchu. Mary Imle, Frank Harris, and Frank's sons went last year, so for more information be sure to see our pictorial display and talk to Mary and Frank.

We also have two lovely hand-painted chairs for your Caribbean patio. These were painted by Mary Imle and Julie Beaumont of the Lighthouse Gallery. We have some Disney memorabilia, including a beautiful framed cell. We have crafts from Peru, teapots and other porcelain from the Far East, and golfing at four different area country clubs!

All proceeds from Artie's Party support the mission and ministries of Good Shepherd and so it is very important that we all support this event! We look forward to seeing you there!

AND – even if you cannot attend, be sure to purchase one or more drawing tickets, because you might win one of our three great prizes: a trip for two to San Francisco, a beautiful, one-of-a-kind designer necklace, or \$1,000 in cold cash. First ticket pulled gets to choose, and you do not have to be present to win!

The dinner will be fabulous, so bring your friends and make it a Valentine's party for those you love!

Keep Our Altar Blooming Throughout the Year

To donate flowers for the altar, please circle the Sunday date(s) on which you wish to give altar flowers. Suggested contribution, per request, is \$50. (Any amount you care to give will be appreciated.) Make your check payable to the Church of the Good Shepherd and note on it "Altar Flowers". Your check and this completed form may be mailed to the church or dropped in the offering plate on Sunday. The flowers are delivered each Sunday, following the service, to those who or ill or who have recently lost a loved one.



GIVEN BY: _____

IN MEMORY OF: _____

THANKSGIVING FOR: _____

TELEPHONE: _____

Feb.	7	14	Lent	Lent	April	4	11	18	25	
March	- no flowers during Lent				May	2	9	16	23	30



Good Shepherd
Youth Group

Where will it take YOU?

The new year has started and our youth program has begun to plan and fundraiser for its annual youth mission trip. We plan to focus on one of the Millennium Development Goal's (MDG's) - Poverty and Hunger.

We will work at a soup kitchen in Palm Beach County and one in Monroe County. Included in this work will be a fun day in Key West. We call this trip our **"Parish 2 Parish"** mission work.

Do you ever stop to think about who may have gone hungry last night that we know? More families than you think. Hunger persists in the U.S. 35.5 million people—including 12.6 million children—live in households that experience hunger or the risk of hunger. This represents 10.9 percent households in the United States. 4.0 percent of U.S. households experience hunger. Some people in these households frequently skip meals or eat too little, sometimes going without food for a whole day. 11.1 million people, including 430 thousand children, live in these homes. 6.9 percent of U.S. households are at risk of hunger. Members of these households have lower quality diets or must resort to seeking emergency food because they cannot always afford the food they need. 24.4 million people, including 12.2 million children, live in these homes.

As we've learned more about hunger and poverty we have discovered that homelessness is a direct link to poverty and hunger. Most homeless people frequent soup kitchens for meals and for emergency food. We have also learned that not all homeless are falling-down drunks—many were once successful people. When you think about a homeless person, think about: a single mother making minimum wage who loses the struggle to afford rent, childcare, transportation and food, a family whose father suffers a debilitating illness and is unable to work, a man who suffers from mental illness without the resources for treatment, a child who ages out of the foster care system at age 18, a family with children living paycheck to paycheck when the mother is laid off, a young man caught up in the despair of drug and alcohol addictions, a woman escaping an abusive relationship with nothing but the clothes on her back, a man who because he is homeless without an address, phone number, clean clothes, a place to shower and food can not secure gainful employment despite having needed skills, an elderly couple living on a fixed income facing rising rents, insurance, and medication costs, or a family living in their car because the apartment they struggled to afford has been converted to condos—the parents terrified they will lose their children.

All these situations are true; real people who have

become homeless in our county. Homelessness crosses all lines – racial, religious, class, ethnic and cultural – and affects everyone. The biggest contributing factor to the rising number of homeless people is the shortage of affordable housing for those with limited incomes.

Our homeless, when given a list of options, said the reason they became homeless is:

Employment / Financial Reasons	50.0 percent
Family Problems	15.2 percent
Housing Issues	13.1 percent
Medical / Disability Problems	12.8 percent
Forced to Relocate	7.3 percent
Natural Disaster (storms, fire)	1.2 percent

With this information in hand our youth are ready to go and serve God! We can't do this alone, we need your support. Our fundraiser this year will still include all the best bake sales, bread sales, breakfasts, mission dinner dance and auction and the stock sales. Even though our trip is local, we still need to raise a lot of money—we'll have transportation cost, gas money, food for our team and much needed supplies. Please help to support our youth mission team by purchasing stock, buying baked goods, and joining our breakfasts.

The next mission breakfast is **February 14th—pancakes. We'll see you there!**

Mark Your Calendar

- **Feb. 5th -6th —Camp out in WPB—Homeless Awareness-Parent's and Youth welcome—\$20**

Watch your snail mail for what to bring!

- **Feb 14th—Pancake Breakfast—Fat Sunday and Fill the Church Sunday!**

Parish Hall - 8:00am — 11:30 am - mission fundraiser, bring a friend to church!

- **Feb 26-27 YOUTH MISSION TEAM LOCK-IN—all youth & adults encouraged to attend.**

All mission team prospects need to attend—call Julie if you are unable to attend!

- **Wed. Feb. 3, 10, 17, 24 Youth Group Meets**

6:00—8:00 PM Home cooked dinner served

STEWARDSHIP THANK-YOU!

Many thanks to all of you families and individuals who have made a commitment of time, talent and treasure for the upcoming year! Your estimate of giving allows us to plan better for our ministries and programs.

This list includes pledges received as of January 27. Thanks to all of you! If you have pledged but your name is not listed below, please contact Deacon Mimi or Merike Seely in the church office (746-4674). If you have not yet made a pledge, we ask that you prayerfully consider your commitment to Good Shepherd, perhaps through our Faith Challenge.

Abbe	DeVere	Heithaus	Moritz	J. Smith
Acuna	Dillaire	Herbert	Moser	K. Smith
Adams	Dillon	Holmes	Mueger	Spencer
Aldred	Dockswell	Holt	Mussett	Sprague
Armour	Dove	Hopkinson	Nelson	Sroaka
Atterbury	Downing	M. Howard	Nessel	Stevens
Auble	Dowrick	P. Howard	Neuhoff	Stocker
Backman	Drake	Howes	Newman	Strom
Baker	Drinkwater	Hughes	Oenbrink	Stroup
Ballard	Drum	Hutchinson	Olson	Tarplee
Bardin, Sr.	Duncan	Hutton	Owosina	D. Taylor
Bardin Jr.	Dunstan	Imle	Paasch	R. Taylor
Barrett	Ebner	Isham	Pariseleti	Tefft
B. Barton	Egginson	Jabali	Parker	Tesarik
J. Barton	Ekblad	Jeffcott	D. Parson	Thomas
Bates	Ervin	G. Johnson	S. Parson	Tiburzi
Beaman	Fagan	J. Johnson	Pedrick	Timmerman
Beddow	Farrell/Beasley	M. Johnson	Pellegrini	Twitchell
Berg/Fendler	Fekete	Kane	S. Petersen	Urban
Berning	Figari	Kenerson	S. Petersen	Vanderwesthuizen
Bessette	Fisher	Kessler	Pilling	Varn
Bird	Fitch	Kirby/Endler-	Pollard	Vieth
Bischoff	Franceschini	Kirby	Poncy	Villeneuve
Boll	Frisby	Kirkpatrick	Posey	Von Frank
Boyd	Fuller	Knisely	Prosser	Walch
Brousell	Gelser	Knox	Rannie	M. Walsh
E. Brown	Gepfert	Koether	Rappe	M. Walsh
R. Brown	Gilbert	Kopicko	Rayman	Wampler
Browne	Gill	Koryl	Ridolfi	Webb
J. Buller	Gorham	Kwapinski	R. Rinearson	Webster
R. Buller	Goss	Kyle	S. Rinearson	West
Campbell	Gozzo	Landen	Robbins	White
Canonico	Grant	Lewis	Roberts	Wilhelm
Caron	Greene	Long	Robinson	Wilkinson
Carpenter	Greer	Lopez	Roebuck	J. Williams
Castriotta	Gregory	Lucas	Ross	W. Williams
Chapman	Grieser	Lund	Rupar	Winchester
Chittum	Gunderson	MacDougall	Scarmuzzi	Wing
Chung	Gustafson	Marcus	Schueler	Witham
Church	Haas	Marsala	Schuppert	Wrist
Class	Hall	Marshall	Scoville	Zinghingi
Collins	Hamilton	Matthews	B. Scully	Zook
Connell	Hanaway	Maurer	D. Scully	
Corbett	Hanseter	McDougall	Seely	
Cornwell	Hanson	McFarland	Sharpless	
Courtney	Harp	McGee	Sichel	
Crannell	Harris	McGrath	B. Smith	
Cushman	Hart	Miller	D. Smith	
Cutler	Harzbecker	Mills	D. Smith	
D'Alessandro	Hebert	Morie	H. Smith	

*Thank
You!*



Green Spirits

On Saturday, January 2, the Green Spirits of Good Shepherd went for a hike on the Italian Farms Trail which runs along the Loxahatchee river corridor north of Indiantown Road. It was a crisp morning and **Merike Seely** led the walk with **Dave and Marion Downing, David and Alison Cowan, Mike, Alicia, Elise and Jamie Howard, and Stephanie Grant**. David Cowan has been kind enough to offer his vivid observations of our morning. Here is an excerpt:

... on the trail we see plenty of evidence of wildlife in the area. There are tracks, signs, markings on trees and a general abundance of evidence of the complexity of the natural world that we travel through. Our hike is a relatively short one, only four miles round trip, and we are now approaching the second dam area, which is near the end of our outbound hike. The second dam area is a serene place with quiet pools of water and the gurgle of water over the spill. There are cypress trees, various mosses, smaller shrubs and trees. A father and son silently canoe down the river. The quiet nature of the place encourages spiritual contemplation. The hand of God is everywhere apparent.

Too soon it's time to return and the hike back is over way too quickly. The trip out and back provided many opportunities for photography and the spiritual nature of the place is evident almost everywhere you might point a camera.

Friday, February 26—The long-awaited Recycle Tour of Solid Waste Authority's new state-of-the-art recycling facility in West Palm Beach. If you have ever wondered what happens to those bottles and cans you put at your curb, this is your chance to find out. We will meet at the facility just before 10:00 a.m. and then board a touring van that will take us to see the various phases of the recycle process. Sign up in the narthex or call Merike in the church office at 746-4674 or email mail@goodsheponline.org. There are only a few places left, so please call soon.



Bell Tower News Good Shepherd Episcopal School

The staff and students of Good Shepherd Episcopal School wish everybody a happy and healthy New Year.

December is always such a busy time for parents, teachers and children. I know that I always look forward to Christmas morning, not so much for the gifts, but to the time of slowing down. I then have the time to spend with my friends and family and to reflect on the year that has passed.

The New Year brings New Year's resolutions and new energy. The students and staff are eager to start school again as we move into the second semester of the school.

January is a busy month with lots of exciting events like Snow Day and the 100th Day of school. We are hosting an Open Day on January 20 and everybody is invited to come and take a tour of our school. This is our month of actively seeking new students and we appeal to all the friends and families of our school to spread the word about our wonderful school.

Please check your Tidings and the bulletins for more information about Shepherds' Flock. This is a wonderful way to get involved in the school for a short period of time and to help a child by reading with him/her. This program starts in February. Should you be interested, please call the school at 561-746-5507.

Christine Vanderwesthuizen – Head of School

Sunday School News



Hello again my friends! I hope everyone is well rested from the busy holiday season because in Sunday School we never rest!! We are gearing up for our much anticipated 2010 Lenten Outreach Project....and personally I cannot wait to get started! Our Sunday School kick-off date is February 14th...please see below for important details.

Due to the recent tragedies in Haiti, we will be raising money to send directly to Haiti Relief.

We as a church are looking at the many ways we can help those in need who have been devastated by these recent earthquakes. Just as we fill stockings at Christmastime, we can supply much needed medical & hygiene kits to those in need during this difficult time. Please be sure to watch your email, our Sunday bulletins in church and your monthly Tidings newsletter for additional details in the coming weeks.

Looking ahead at some very important dates...mark your calendars and please join us:

Sunday, February 14th – IT'S A BUSY DAY! Please be sure you join us! It's "Fill The Church Sunday"...that means that Good Shepherd's goal is to fill every seat in church. Please invite your friends, family, neighbors and your favorite cashier or waitress. Also, ask your child if they have their invitation to invite their favorite friend or friends because the week prior we will be making invitations in Sunday School to take home and share! Also, our Youth Group will be hosting a Youth Mission Breakfast...hot, delicious pancakes will be served so be sure to come for breakfast to support our Youth Mission Team. We will be kicking off our very important Lent Project in Sunday School, so it's very important to see everyone there. The kids will get their materials for collecting donations for Haiti Relief as well as a schedule of Outreach events they can participate in. This is a very special time for our children to enjoy the personal benefits of reaching out to others in need. Our first event will take place on this day also! In Sunday School we will be making Valentines to bring to Sterling House Assisted Living Facility in Tequesta. For those of you who weren't able to join us when we delivered our Christmas Cards, this is the perfect opportunity for you! We will deliver our cards after the 10:00 a.m. service; exact time to be announced. If anyone is interested in organizing a light lunch for us to share before we go, please contact me directly at 561-222-7712. I especially hope to see you all on this Sunday for these important events. Thank you!

Ash Wednesday is February 17th. Services, with the imposition of ashes, will be held at 6:30 a.m., 9:30 a.m. & 7:00 p.m.

Friday, February 26th – No School! No plans yet to keep the kiddies busy? Good Shepherd's Green Spirit's Ministry is hosting a visit to the new Recycling Facility in Palm Beach County for a recycling tour @ 10:00 a.m. Children ages 8 & up are welcome to come for a visit with their parents. Please contact the Church Office to sign up @ 746-4674....hurry, space is limited!

Sunday, February 28th – Youth Bake Sale! Be sure to bring a few extra bucks to church so you can get some delicious, freshly baked goodies and help support our Youth Mission Team for their upcoming Mission Trip.

Watch your email for additional info regarding our Lenten Outreach Project. Feel free to contact me anytime if you have any questions or if you are interested in volunteer opportunities in Sunday School!

Thank you all for your continued support of our Sunday School Ministry.

Many Blessings,
Michelle Pariseleti, Sunday School Coordinator
michellepariseleti@yahoo.com
561-222-7712

HOT NEWS FOR YOUNG FAMILIES

If you have pre-teen children or are considering starting a family, this group may be just right for you. Teresa and Michael Grashof will be the group leaders and meeting times, places and study materials will be determined by the group as it is formed. If you think you might be interested, please join us in the All Saints' room off the Narthex at 11:30 each Sunday in February—Children Welcome!



LENT BEGINS

February 2010

Sun Mon Tue Wed Thu Fri Sat

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
		4:00pm Afternoon Book Group 6:30pm M.O.P.S.	3:00pm Healing Team Meeting	10:00am Pub Lunch 5:30pm Artie's Party Committee Meeting 7:00pm Literary Circle	6:00pm Youth Homelessness Event in WPB	
7 11:30am Young Families Group	8	9	10 10:30am Reiki Circle 2:00pm Kelly's Caregiver's Support Group	11	12 6:00pm Artie's Party	13
14 Fill the Church Sunday 9:00am Youth Mission Pancake Breakfast 11:30am Young Families Group	15	16 4:00pm Afternoon Book Group 6:30pm M.O.P.S. 7:30pm Vestry Meeting	17 Ash Wednesday 6:30am, 9:30am and 7:00pm— Holy Eucharist with Imposition of Ashes	18 10:00am Third Thursdays on the Labyrinth 11:45am Young at Heart Luncheon 7:00pm Literary Circle	19	20 9:00am Adult Inquirer's Class
21 11:30am Young Families Group	22	23	24	25 5:30pm Wine and Cheese Benefit for Haiti	26 10:00am Green Spirits Recycle Tour Youth Mission Lock-In	27
28 11:30am Young Families Group						

MEETING WEEKLY IN FEBRUARY

Monday

10:30 a.m. Meditation Group
7:30 p.m. AA

Tuesday

9:00 a.m. Crafty Ladies
10:30 a.m. AA - Women's
11:00 a.m. Pastoral Care

Wednesday

8:00 a.m. Reaching Out Lunch
9:30 a.m. Eucharist & Healing
10:30 a.m. Bible Study
11:45 a.m. Home Meals
6:00 p.m. Youth Group
8:00 p.m. AA

Thursday

7:00 p.m. Choir Practice
4:00 p.m. Women's Cursillo

Friday

8:00 a.m. Good Guys
9:00 a.m. Good News Bible Study
10:30 a.m. AA - Women's

Sunday

8:00 a.m. Holy Eucharist Rite I
9:00 a.m. Jitters
9:00 a.m. Confirmation II
9:45 a.m. Sunday School & Nursery
10:00 a.m. Holy Eucharist Rite II
11:00 a.m. Jitters

March

4— Pub Lunch
7—Episcopal 101
14—Episcopal 101
17—Vestry Meeting
18—Young at Heart Luncheon
21—Episcopal 101
28—Palm Sunday

Tidings

SUNDAY WORSHIP SCHEDULE February 2010

DATE	SERVING	TIME	ACOLYTES	LEM	USHER	GREETER	HEALING	SOUND	ALTAR	JITTERS
FEB 7	Verger Richard Dunstan LEVs Erik Pariseleti Stan Connell Vestry Greeter Dave Downing	8 AM	Gail Knisely	Gene Paasch Dona Scoville Bill Gorham Peggy Greene	Joe and Sue Pellegrini	Joan Dowrick	Mary-Beth Lucas	John Prosser	Emily Brown * Eleanore Browne*	Gus and Christine West
		10 AM	Ali Koch Johnson Evi Seely Sarah Thompson Dakota Williams	Margaret Dunstan Charmin Persson Suzi Heithaus Jamie Meiers	Jim and Jerre Rannie Jim and Carol Johnson	Paul Kirby and Sue Endler- Kirby	Alex Lesbirel	Stan Connell	Joan Fuller Connie D'Alessandro	Steve Thompson Sarah and Emily Thompson
FEB 14	Verger Mike Hanseter LEVs Steve and Marcia Pollard Marilyn Hall Vestry Greeter Gayle Landen	8 AM	Gus West	Dona Scoville Marilyn Hall Donna Fiorenza Larry Bischoff	John Prosser Christine West	Joe Hall	Connie Haas	Brian Tobin	Barbara McGrath* Barbara Drum Carole Dockswell*	Ralph and Joanne Ebner
		10 AM	Matt Koch Johnson Gavin Rankow Dalton Williams Devin Williams	Patricia Herbert Terri McFarland Jim Johnson Ed Koryl	Steve and Denise Parson Jim and Rose Kyle	Shirlee Gill Suzi Heithaus	Liz Bardin	Erik Pariseleti	Carol Johnson Liz Bardin	Terry and Terri McFarland
FEB 21	Verger Donna Fiorenza LEVs Alex Lesbirel Richard and Margaret Dunstan Vestry Greeter Terri McFarland	8 AM	Aynsley Hoffman	Christine West Mary-Beth Lucas Connie Haas Gayle Landen	Barbara Adams Dale Smith	Joe and Sue Pellegrini	Eleanore Browne	Ralph Ebner	Edna Bessette Myra Canonico	Marilyn Hall
		10 AM	Rachel Acuña Ryan Morie Ray Morie Robin Morie	Marcia Pollard Debbie Gilbert Cathy Hart Phil Hart	Joe D'Alessandro Dan Gilbert Merike Seely Susan Bardin	Dottie and Denise Parson	Stan Connell	Richard Dunstan	Shirley Connell * Marion Downing*	Brad Brett and Linda Johnson- Brett
FEB 28	Verger Erik Pariseleti LEVs Marj Johnson Barbara Drum Vestry Greeter Katharine Murray	8 AM	Marlene Taylor	Marilyn Hall Brent Murray Sean Pierce Katharine Murray	Joe Hall Carolyn Gepfert	Ed and Charlotte Rappe	Barbara Gustafson	John Prosser	Barbara McGrath Barbara Drum Carole Dockswell	Gus and Christine West
		10 AM	Olivia Parrone Pamela Mora Vinnie Parrone Alex Seely	Jeanette Jeffcott Peggy Greene Walter Beaman Sandy Gozzo	Steve and Marcia Pollard Mike Greene Sterling Winchester	Jim and Rose Kyle	Carol Johnson	Stan Connell	Ann Ballard* Patricia Herbert Margaret Dunstan	Beth Long Catharine Oenbrink

Coming in March

March 4
10:00am Pub Lunch

March 6
Sunday School Veggie
Harvesting Lenten Project

March 7
11:20am Episcopal 101

March 14
11:20am Episcopal 101

March 17
7:30pm Vestry Meeting

March 18
11:45am Young at Heart Luncheon

March 19
6:00pm Youth Mission Dinner and
Auction

March 21
9:00am Newcomers Breakfast with
the Rector

March 28
Palm Sunday



Tidings is the monthly newsletter of The Episcopal Church of the Good Shepherd. The deadline for submissions is the 15th of every month. Submissions may be emailed to mail@goodsheponline.org

Deadline for bulletin inserts is the Monday preceding the date of the announcement.

Please visit our website www.goodsheponline.org for information and details.

Meditation
on Mondays With
Rev. Wendy
Williams

Start your busy week off
right.

Meet at 10:30 every Mon-
day in the Quiet Room for a
one-hour session.



Watch your Sunday Bulletin for
information on Good Shepherd's
upcoming Lenten Program.

Email Update Form

Good Shepherd is increasing our communications options and so we need to make sure we have your correct, current email address. And we are Going Green, too! If you would like to receive the Newsletter, *Tidings*, via email or on-line, please let us know.

Please fill out this form and put it in the offering plate or mail it in or drop it off at the office. (Please print)

Full Name: _____

Email: _____

Tidings on-line? (Circle one) Yes No

Service Schedules

Sunday

8:00 AM
Holy Eucharist—Rite I

9:00 AM
Jitters

9:45 AM
Sunday School
& Nursery

10:00 AM
Holy Eucharist—Rite II
Jitters 11:00 AM

Wednesday

9:30 AM
Holy Eucharist & Healing

Episcopal Church of Good Shepherd
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Tequesta, FL 33469

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The Ninth Annual Artie's Party
An Evening in the Orient

February 12, 2010

6:00 p.m.

Your \$50 donation includes

Dinner, Silent & Live Auction, Entertainment

to benefit the ministries of
the Church of the Good Shepherd

A limited number of tickets is available through Friday, February 5

Look for your invitation in the mail.

Read all about it on page 8!